



2017 Live Well Workplace Award Winners

At the Annual Meeting for members of the City, County and Other Governmental Agencies (CCOGA) Health Insurance Pool, the following Live Well Workplace Awards were presented.

Des Moines Valley Health and Human Services

The first award goes to a group that has been active in wellness for a number of years. They have focused their wellness efforts on creating sustainable changes in the workplace. Over the past several years, they have implemented sit-to-stand workstations and offered multiple opportunities throughout each year to encourage and engage employees to be active in the workplace. Healthy eating has been promoted with educational classes and activities, and they have offered on-site biometric screenings to their employees. The first **Live Well Workplace** award goes to Des Moines Valley Health and Human Services.

Accepting the award on behalf of DMVHHS is Brandi Bourquin, shown here with Kari Bailey from SWWC. Des Moines Valley Health and Human Services (DVHHS) utilizes a Benefit and Wellness Committee that consists of DVHHS Staff, Management and Commissioners to promote work/life/balance. With the funding provided through SWWC and by participating in “Employers for Wellness” through Community Wellness Partners, the DVHHS Committee has been able to encourage healthy lifestyles by promoting various wellness challenges, purchasing sit/stand stations, and developing a healthy worksite food recommendation for meetings and events, etc. For calendar year 2017 the DVHHS Benefit and Wellness Committee is working on purchasing additional sit/stand stations and is looking at purchasing desk cycles.



City of Marshall

The second award goes to a group that has been active in wellness since the inception of the Health Cost Management Program. This group really began their wellness efforts with strong leadership support. The previous City Administrator was instrumental in getting the program going and being an active leader in their wellness efforts. The City contributes additional funding each year to support their wellness efforts, and they have implemented changes in the workplace that now include an on-site fitness room where employees can use exercise equipment throughout the day. They have opportunities for employees and their families to be active and have a healthy snack station in their breakroom. The second **Live Well Workplace** award goes to the City of Marshall.

Accepting the award on behalf of the City of Marshall is Doreen Peterson, shown here with Kari Bailey from SWWC.

